

## Sandwiches

Includes choice of kettle chips or coleslaw

**SWFL Cuban | 18**   
pressed hoagie, our house cured Red Wattle ham, shaved Red Wattle smoked pork, provolone cheese, house made pickles & mango mustard

**The Hot Vegan | 16**   
artichokes, roasted red peppers, spinach, mushrooms, hummus, coconut milk tzatziki, griddled in olive oil, served on multigrain bread

**Balsamic Glazed Chicken | 16**  
pan seared and glazed chicken breast, goat cheese spread, roasted red peppers, basil, arugula, toasted brioche bun

**Smoked Red Wattle Pulled Pork | 16**   
pulled and smoked Red Wattle pork, coleslaw, Uncle Bubby's sweet heat BBQ sauce, toasted brioche bun

**Meatball Sandwich | 18**   
grass fed & finished ground beef & Red Wattle ground pork meatballs, marinara, shredded mozzarella, toasted hoagie

**Farm Raised Chicken Salad | 16**   
slow roasted farm raised chicken, celery, onion, mayo, mustard, fresh thyme, dill, chives, on sour dough or multigrain with lettuce & tomato



## LUNCH MENU

### House Made Soups

**Seafood Gumbo | 10**   
gulf coast grouper, shrimp, andouille sausage, okra, long grain rice

**Soup of the Day | Cup 7 Bowl 8**  
house made, fresh, chef's choice

**Housemade Bread | Half | 8 Full | 15**  
housemade bread, served warm with local honey butter

### Smash Burgers

Includes choice of kettle chips or coleslaw  
add bacon (2).....\$4

**Original Smash | 18**  
two 3oz. grass fed-finished ground beef patties, American cheese, lettuce, tomato, sliced onion, Blossom sauce, house made pickles, brioche bun

**Burger of the Day | Mkt. Price**  
chef's choice of toppings, server will share details

\*Warning: consuming raw or undercooked meats, poultry, seafood, or eggs increases the risk of food borne illness



Items from the Farm



\*\*Gluten Free



Contains Nuts



Dairy Free



Vegan

## Wraps & Bowls

### B.L.A.S.T. Wrap | 19

bacon, lettuce, avocado, royal red shrimp, tomato, wrapped in a flour tortilla with basil mayonnaise

### Greek Chicken Wrap | 16

seared lemon chicken, tomato, cucumber, chopped romaine lettuce, sliced peperoncini, kalamata olives, whipped feta, lemon vinaigrette, wrapped in a flour tortilla

### Florida Farm Bowl | 26

poached Royal Red shrimp (5), farm garden greens, fresh roasted corn, red bell peppers, roasted poblanos, green onions, avocado, local tomatoes, cilantro, chili-lime dressing

### Quinoa Bowl | 16

quinoa, sautéed heirloom tomatoes, zucchini, eggplant, spinach, avocado, fresh mozzarella

+protein: farm raised chicken or grass-fed steak | 10  
royal red shrimp (5) | 15 farm eggs cooked to order | 4

### \*Tuna Poke Bowl | 22

Diced raw tuna marinated in sesame-ginger-soy dressing, edamame, julienne carrots, green onions, bell peppers, wakame salad, daikon radish, sticky rice

## Fresh Sides

Fresh Fruit | 6 as side upgrade | 4

Antipasto Pasta Salad | 6 as side upgrade | 3

Apple Salad with Fennel & Dried Cranberries | 6 as side upgrade | 3

Coconut Corn Salad | 6 as side upgrade | 3

Cole Slaw | 3

Kettle Chips | 3

## Salads

Add farm raised chicken breast or grass-fed steak to any salad | 10 Royal Red Shrimp (5) | 15

### Caesar Salad | 12

romaine lettuce, parmigiano-reggiano, fresh croutons, house made caesar dressing

### Mixed Berry Salad | 16

field greens, Marcona almonds, seasonal berries, crumbled goat cheese, citrus vinaigrette

### Pear Salad | 16

roasted pears, organic greens, romaine lettuce, candied pepitas, Point Reyes blue cheese, pear vinaigrette

## Daily Specials

### Farm Fresh Quiche | 18

house made quiche, served with a mixed berry salad with field greens, Marcona almonds, seasonal berries, crumbled goat cheese, citrus vinaigrette

Fresh Seafood of the Day | Mkt Price  
chef's fresh market selection

Parties of 7 or more will have an automatic 20% gratuity added to your bill.

\*\*For those with severe gluten allergies or celiac disease, please be aware that while gluten free options are available, cross contamination can occur due to shared cooking and preparation areas/utensils. We are not a gluten free kitchen.

\*\*Before placing your order, please inform your server if a person in your party has a food allergy.